**Holding in mind comments and gestures** Box 8

**Remembering and recalling comments**

1. *I remember we spoke about that yesterday*
2. *I remember you have a sister too*
3. *I remember you like ………………….*
4. *I was thinking about you yesterday when I was buying some …….*

*and I remembered that you told me ……………*

1. *I know maths is not your favourite subject*
2. *So how was the trip to the …… yesterday?*
3. *I saw you at the ………. didn’t I!*

**Thoughtful comments -** any of the empathy statements (see p. 250 Box 24) plus -

1. *I was wondering how you would be today after …………….*
2. *I think that might be a little hard. Do you want to try first or…*
3. *I am aware that we only have one week left and I was thinking…..*
4. *I’ll go with you the first time until you…………….*

**Promises and fulfilment**

1. *I’m going to leave you to finish that and I’ll come back in 5 minutes*
2. *I think you need a little time to calm down. I’ll come back when the sand runs out*
3. *I’m just going to…. . I’ll come and see how you are getting on when I come back*
4. *I’m just going to help…. . I’ll come and check on you in 10 minutes*

**Holding in mind gestures**

1. Waving
2. Thumbs up
3. 5 fingers - indication 5 more minutes
4. Shhh sign
5. Any agreed sign which enables the child to feel thought about and held in mind